## **MAMI** New Jersey

# AACT-NOW Conference: Embracing Black Wellness



## **About This Event:**

Join us for a day of exploration, healing, and support tailored for men, women, young adults, and families. Discover the essential tools to overcome obstacles and thrive as your best self. Lunch will be served at the event, providing an opportunity for networking and further discussion.

#### **Keynote Speaker:**



Karl Shallowhorn Special Expert for SAMHSA Region

## **Register Here**

When: Saturday, May 18th,
2024 10 a.m. to 3 p.m.
Where: Plainfield Performing
Arts Center, 724 Park Ave,
Plainfield, NJ

### Sponsored By:

- The Minnie Waddell Foundation
- Mayor Adrian O. Mapp and The City of Plainfield
- NAMI NJ's African American Multicultural Program, AACT-NOW







Minnie's Helping Hand